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UNIFORM ESSENTIALS

As of 22 April 2018

Uniform, Hair and Training Essentials	
FOUNDATION STREAM Pre-Beginner Program Beginner Program	TRAINING • Red leotard ✓ Bloch Dance Stores: L51637G (Dolly), L52720G (Evaneleigh), L3409G (Petal) OR ✓ Capezio by Ballet Emporium: CL13 Red (Energetics Cross Back Camisole) • Club PERÓ shorts OR any black shorts/leggings • Hair should be tied back in a high pony tail/bun WINTER TRAINING • Black cross-over ✓ Bloch Dance Stores: Z0658 (Black) OR ✓ Capezio by Ballet Emporium: CX09 (Black Mock Cross Over) • Black long leggings
	Club PERÓ have a listing account at the following <u>Bloch Dance Stores</u> (Bondi Junction, City/York St & Parramatta) and <u>Capezio by Ballet Emporium</u> (Bronte) The staff have on file the above Club PERÓ red leotard styles for your convenience.
FOUNDATION STREAM Novice Program Intermediate Program COMPETITION STREAM Multiples Program National Levels 3-10 Program	TRAINING ■ Black leotard, any design ■ Club PERÓ shorts OR any black shorts/leggings ■ Hair should be tied back in a high pony tail/bun ■ Toe shoes, when advised WINTER TRAINING ■ Black cross-over ✓ Bloch Dance Stores: Z0658 (Black) OR ✓ Capezio by Ballet Emporium: CX09 (Black Mock Cross Over) ■ Black long leggings COMPETITION STREAM GYMNASTS FOR COMPETITION ■ Club PERÓ tracksuit jacket and leggings
	 Club PERÓ competition leotard (with appropriate coloured underwear/body stocking)
All uniform items <u>MUST BE NAMED</u> . Gymnasts are not required to provide their own apparatus, however if you are interested, please speak to your daughter's coach prior to	

<u>PLEASE NOTE:</u> Over the past 2 years, the <u>OLD STYLE</u> Club PERÓ tracksuit jacket and pants has been phased out. Please do not have your daughter wear any <u>OLD STYLE</u> uniform items from 2018.

purchasing.

Every gymnast should have their own water bottle, light snack, small towel and deodorant for each training session.

Club PERÓ training sessions are nut-free. Please DO NOT pack nuts or any nut-related products in your daughter's bag for snack time