



## UNIFORM ESSENTIALS

As of 13 November 2020

| Uniform, Hair and Training Essentials  |   |
|--|---|
| <p><u>Foundation</u> Stream<br/>Pre-Beginner<br/>Beginner</p>  | <p><u>TRAINING</u></p> <ul style="list-style-type: none"> <li>• Red leotard               <ul style="list-style-type: none"> <li>✓ Bloch dance stores: L51637G (<i>dolly</i>), L52720G (<i>evanleigh</i>), L3409G (<i>petal</i>) OR</li> <li>✓ Capezio by Ballet Emporium: CL13 Red (<i>energetics cross back camisole</i>)</li> </ul> </li> <li>• Club PERÓ shorts OR any black shorts/leggings</li> <li>• Hair should be tied back in a high pony tail/bun</li> </ul> <p><u>WINTER TRAINING</u></p> <ul style="list-style-type: none"> <li>• Black cross-over               <ul style="list-style-type: none"> <li>✓ Bloch dance stores: Z0658 (<i>black</i>) OR</li> <li>✓ Capezio by Ballet Emporium: CX09 (<i>black mock cross sver</i>)</li> </ul> </li> <li>• Black long leggings</li> </ul> <div style="background-color: #ffe4c4; padding: 5px; text-align: center;"> <p>Club PERÓ have a listing account at the following <u>Bloch dance stores</u> (Bondi Junction, City/York St &amp; Parramatta) and <u>Capezio by Ballet Emporium</u> (Bronte)<br/>The staff have on file the above Club PERÓ red leotard styles for your convenience.</p> </div> |
| <p><u>Foundation</u> Stream<br/>Development<br/>Junior<br/>Intermediate</p> <p><u>Competition</u> Stream<br/>Multiples<br/>National Levels 3-10</p>        | <p><u>TRAINING</u></p> <ul style="list-style-type: none"> <li>• Black leotard, any design</li> <li>• Club PERÓ shorts OR any black shorts/leggings</li> <li>• Hair should be tied back in a bun</li> <li>• Toe shoes, when advised</li> </ul> <p><u>WINTER TRAINING</u></p> <ul style="list-style-type: none"> <li>• Black cross-over               <ul style="list-style-type: none"> <li>✓ Bloch dance stores: Z0658 (<i>black</i>) OR</li> <li>✓ Capezio by Ballet Emporium: CX09 (<i>black mock cross sver</i>)</li> </ul> </li> <li>• Black long leggings</li> </ul> <p><u>COMPETITION GYMNASTS FOR COMPETITION</u></p> <ul style="list-style-type: none"> <li>• Club PERÓ tracksuit jacket and leggings</li> <li>• Club PERÓ competition leotard/s (with appropriate coloured underwear/body stocking)</li> </ul>   |
| <p>All uniform items <b>MUST BE NAMED.</b></p>   |   |
| <p>Gymnasts are not required to provide their own apparatus, however if you are interested, please speak to your daughter's coach prior to purchasing.</p> |   |
| <p>Every gymnast should have their own water bottle, light snack, small towel and deodorant for each training session.</p>                                 |   |
| <p>Club PERÓ training sessions are nut-free. Please <b>DO NOT</b> pack nuts or any nut-related products in your daughter's bag for snack time.</p>         |   |